

MCC BYTES

5TH EDITION, TERM 3 2017



Made for the students,

by the students!

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Contents

Foundation Day Re-cap	2
GAP Snow Trips	3
Back to School Nostalgia	4
Inter-Physio Games Report	5
O-Week Leaders 2018 Applications	6
CSU's War on Waste	7
Physio Ball	8
GAME Club Games Night	9
Facebook Groups and Clubs	10

Credits

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Contributions

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GAME Club

Physio Club

Cut off for next edition: 28th August

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FOUNDATION DAY

#celebratecsu

19
WEDNESDAY
JULY

With live music, warm stew, and cake, Foundation Day 2017 saw a wonderful success raising \$97 towards CSUGive!

So many of you dressed in red for the occasion and joined in on the red photo.

Congratulations to the three winners of the \$60 online shop lucky door prizes:

- Alex McMaster
- Ashleigh Coleman
- Betsy Lyons



Look forward to Foundation Day 2018 where we will have more music, more food, and MORE RED!

#CELEBRATECSU





JOIN THE GAP SNOW BUS FOR AN EXCITING DAY AT THE SNOW!

3
TRIPS
LEFT!

WHEN?

Friday 21st July - Falls Creek

Friday 4th August - Hotham

Friday 18th August - Falls Creek

Friday 8th September - Falls Creek

COST?

Students: \$25

Non-students: \$30

Book and pay at the Gums Cafe Room 116 by 10am on the Tuesday before the snow trip.

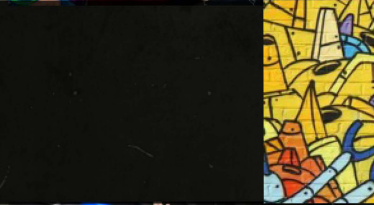
Payment covers transport costs only.

Students can get discounted lift passes on Friday's (approx. \$60).

You will need to arrange your own snow gear and equipment.

Bus will depart from car park 7.

Minimum of 4 people required for trip to go ahead and Maximum of 10 people per trip.





Inter-Physio Games

This past weekend Albury Physiotherapy Club hosted the second annual Inter-physio Games. Enthusiasm from last years games meant Orange were keen to travel to Albury and defend their title as the winning campus. Eighty students participated in a range of sports including netball, basketball, touch football, soccer and ultimate Frisbee. Unfortunately, Albury was unable to triumph over Orange, narrowly losing by one point in the final sport of the day.

On Saturday night, The Bended Elbow hosted a wonderful evening of local entertainment and bonding between campuses. Awards were presented to various students who presented great spirit throughout the competition as well as 'best and fairest' in each sport.

Sunday offered the students an informative and inspiring seminar with Jeff Smart and Jacinta Bonaventura, who came from Canberra to speak with us on Parkinson's Disease. This proved to be a truly rewarding presentation as Jeff provided an insight into his personal experiences with Parkinson's, while Jacinta presented the important role of exercise and the great opportunity we have as physiotherapists to delay the disease!

Thanks to the efforts all participants we raised \$1000 to donate directly to Shake It Up Australia, towards research for better treatments and a cure for Parkinson's Disease. This would not have been achieved without the incredible support received from the CSU Physiotherapy Department, OSRC and MCC (student representative councils), CSU ResLife, Trinity Anglican College, HealthFocus Physiotherapy and Optimum Physiotherapy. We look forward to watching this event grow each year!

Rachael Warren

(Co-Physiotherapy Club President)



physiotherapy club
ph:sjo CLUB



O WEEK 2018

19TH - 23RD FEB

APPLICATIONS FOR LEADERS & COORDINATORS
ARE NOW OPEN.

APPLY ONLINE
STUDENT.CSU.EDU.AU/OWEKKLEADERS

APPLICATIONS CLOSE AUG 6TH

WAR ON WASTE

Starting August 1st, staff and students who bring their own Keep Cup/reusable mug to Cheers will be rewarded with discounts!

HOT BEVERAGES

DISCOUNTED TO \$3.5
INCLUDING EXTRAS



DISPOSABLE CUP

TO FILL YOUR
KEEP CUP
OR BYO CUP



REG = \$4
L = \$4.5
XL = \$5.5
EXTRAS = .50c



SUSTAINABLE VALUE OPTIONS

PURCHASE
A KEEP CUP
FOR \$15



+

1ST REFILL FREE



BEST VALUE



PURCHASE A COFFEE
CARD FOR \$35

+



+

1ST REFILL FREE

WE'LL THROW IN
A KEEP CUP FOR \$5

The Physio Club Presents

THE
OSCARS®



The Physio Ball

Members \$50 | Non-Members \$60

Date **SATURDAY AUGUST 12TH**

Time **7:00 pm**

Location **SODENS HOTEL ALBURY**

Two course meal | DJ | Photobooth



GAME NIGHT

Date: 17th August

Time: 8pm

Place: the Pav (Build. 672)

Cost:

- Gold Coin (Members)
- \$5 (Non-Members)

Board Games,
Card Games,
Video Games,
& FREE SNACKS!





Facebook



Murray Campus Council



The G at CSU



CSU Social Sports



CSU Albury-Wodonga
Campus

Join The Club!

- CSU Education and Business Club - Albury
- Green Adventure People
- CSU Health and Rehab Club
 - MARHS Club
- CSU Albury Nursing Club
 - CSU OT Club Albury
 - Physio Club
- CSU Podiatry Club Albury/Thurgoona
- CSU Running Club Albury
- CSU Speech Club
- Uni Bible Study
- CSU Wedge-Tails
- CSU Mud Dogs
- CSU GAME Club

TERM 3 CALENDAR

WEDNESDAY 12th JULY	7:00PM	@ THE G	STATE OF ORIGIN (GAME 3)
THURSDAY 13th JULY	8:00PM	@ THE PRU, 6P2	GAMES NIGHT
THURSDAY 13th JULY	9:00PM	@ THE G	BACK TO SCHOOL
SATURDAY 15th JULY	7:00PM	@ HOWELL TREE INN	SPEECH CLUB BALL
WEDNESDAY 19th JULY	11:30AM	@ GUMS	FOUNDATION DAY
WEDNESDAY 19th JULY	5:00PM	@ SPORTS COMPLEH	SOCIAL SPORT COMMENCES-DODGE BALL
THURSDAY 20th JULY	8:00PM	@ THE PRU, 6P2	GAMES NIGHT
THURSDAY 20th JULY	9:00PM	@ THE G	DOCTORS AND NURSES
SAT + SUN 22nd JULY	9:00AM	@ AW CAMPUS	INTER-PHYSIO GAMES
THURSDAY 27th JULY	6.00PM	@ THE G	CHILL OUT-POOL COMP
THURSDAY 27th JULY	8:00PM	@ THE G	JACK BIILMANN
SATURDAY 5th AUG	7:00PM	@ ST IVES	NURSING BALL
THURSDAY 10th AUG	6.00PM	@ GUMS	CHILL OUT
SATURDAY 12th AUG	7:00PM	@ SODENS	PHYSIO CLUB BALL
THURSDAY 17th Aug	8:00PM	@ THE PRU, 6P2	GAMES NIGHT