



# Velocity

Murray Campus Council Presents  
Velocity Magazine, Edition 8, August 2010  
[CSUVelocityMagazine@gmail.com](mailto:CSUVelocityMagazine@gmail.com)

# From the Editors...

Hey guys

This is the last issue for the term! Hope everyone has enjoyed being back and has excellent holidays.

In this issue we have pictures and a write up about MARHS Close the Gap Ceremony and Bush Bash Ball which was a successful night enjoyed by all.

Cheers!

Erin, Kate, Bec and Ro

## ***Joke for the health professionals....***

"One day I had to be the bearer of bad news when I told a wife that her husband had died of a massive myocardial infarct. Not more than five minutes later, I heard her reporting to the rest of the family that he had died of a "massive internal fart,"



# Social sport update

**Social Sport has been extremely busy both this semester and last semester...**

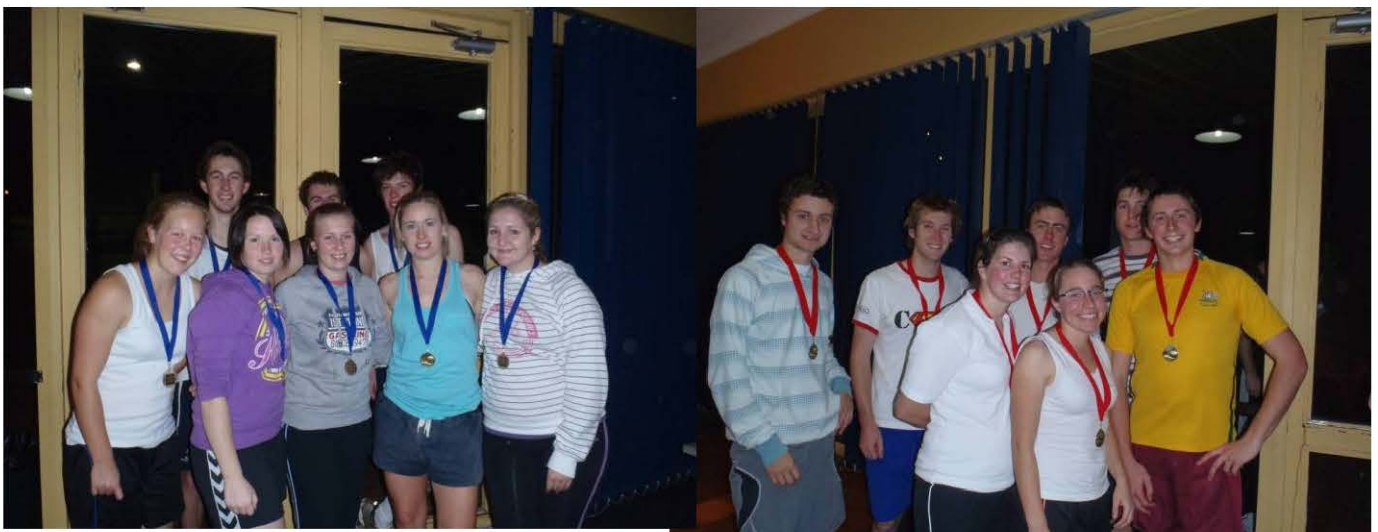
## **Netball**

Wednesday night netball is coming to an end with a few rounds missed due to the rain. The timeslot finals took place last week, which they battled out in the awful conditions. The overall Grand Final is being played this Wednesday 18<sup>th</sup> August. There will be a netball function after the grand final at the cod, with drink cards being available for all teams as all duties were completed. There will also be a BBQ for tea and a DJ. Presentations will be at the Cod at 7.45. It would be great to get the support behind each of the teams, with the final starting at 6.00 at JC King Park.

## **Touch**

Touch rugby has started at the Thurgoona Football field on a Monday night. After a successful round 1 which was played in the mud, it was a lot drier for round 2. Many tries have been scored and hopefully many more to come. Come down and see the touch stars of CSU playing from 5.30 on a Monday night.

## **Indoor soccer competition**



Last semester we successfully ran an indoor soccer competition at Major League Indoor Sports Stadium. 6 teams played competitively for the entire season, many players dusting off their soccer skills from high school.

The finals were played between Shifty footwork and Mal united (pictured above). The overall winners were shifty footwork who were undefeated for the entire season.

If anyone has any recommendations for sport next year or any feedback, please let us know.

Cheers

Liz

alburysportcsu@hotmail.com



# CSU Netball Comp

## Grand final & After Party

**Wednesday 18<sup>th</sup> August**

**6:00pm Playoff Grand final, JC King Park (David St)**

### **Pink Panthers V Gueridjas**

Who will be the overall winner of the 2010 CSU Mixed Netball Competition???



Following the Netball, head back to The Cod  
for a night not to miss.

- **Free entry**
  - **Free BBQ**
  - **Presentation to the winners**
  - **Bowen's DJ**
- 
- **Free Buses leaving Residences Car Park (Shuter Ave),  
7:00pm - 8:00pm and returning 11pm-12:00am**





# INTERNATIONAL CLUB

The International club is only very new to the Albury Campus but is growing very fast and has been very busy. We started the club with over 20 people who come from lots of different countries. Our first event was a trip to Albury to go bowling. We played two games and had lots of fun. The girls beat the boys in all of the games. We then went and had dinner which was very lovely.

Soon we will be going to Beechworth to see the famous Bakery and Lolly shop and have lunch at the Brewery and a trip to the waterfalls on the way home. Some of the students also went to La Trobe University to have a party and mingle with other international students. We have a lot of exciting things planned for next session including a tennis competition and a Korean Day.

If you would like to get involved in this new club please email [zarayoungblutt@hotmail.com](mailto:zarayoungblutt@hotmail.com). Everyone welcome to join.



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# Applications Open for Orientation Leaders & Coordinators

Taking on one of these positions is a great way to get involved in University life, it's rewarding, an opportunity to meet new people, something to add to your resume and enjoyable.

## Coordinators

The work is varied and challenging, and requires the successful applicants to be available 2 weeks prior to and almost full time during Orientation Week 2011.

## Leaders

These positions will assist and support the coordinators by undertaking various tasks and activities to bring about a successful Orientation week. They will work as part of a team and provide essential information and guidance to new students during Orientation 2011.

Application forms for all the above positions are available on the Student Support Website at the bottom of the webpage:

<http://www.csu.edu.au/division/studserv/support/study/orientation.htm>

Fill out the electronic form and submit it and then provide a written outline of why you believe you will make an excellent Orientation Coordinator or Leader. Consider your experience in other volunteering situations, your ability to work as a member of a team of peers, your personal qualities in the area of communication and your awareness and respect for diversity

Written applications can be emailed to the Student Support Officer (SSO) on your campus. Kerry Read Email: [kread@csu.edu.au](mailto:kread@csu.edu.au)

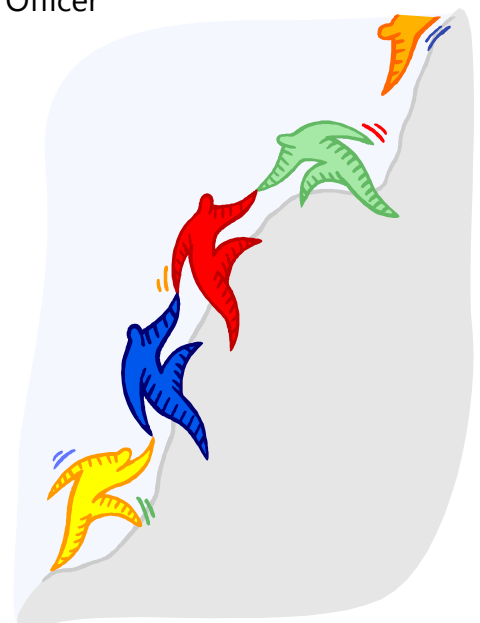
Closing Date for applications: 5pm Friday, 20th of August, 2010

Kerry Read  
Student Support Officer

[kread@csu.edu.au](mailto:kread@csu.edu.au)

Pavilion, Building 672

02 60519130





**Day on The Green**



**With the Recesses**

**Barefoot Bowls**

**AMAZING!!!**



# Dates to remember!!!

There will be a few big things coming up next term, so put these dates in your diary. More info will be around when you come back next term.

1. **Wednesday 15<sup>th</sup> Sep** – CSU Albury V La Trobe Wodonga  
Sports afternoon to be held at La Trobe
2. **Wednesday 22<sup>nd</sup> Sep** – CSU Southern Zone Challenge  
Sports afternoon to be held at Wagga
3. **Friday 8<sup>th</sup> October** – Oktoberfest (the last event for The Cod!!, hopefully ☺)
4. **Wednesday 13<sup>th</sup> October** - World Mental Health Day & Ride to Work Day  
Lots of activities happening on campus all day and lots of free food

## Velocity Contributions

### What you can get for putting stuff into Velocity

- Small items eg. Cartoon, puzzle, poem, recipes (about half page) = \$5 Gums Voucher
- 1 page article = \$10 Gums voucher
- 2 page feature article with photos = 2 x movie tickets

### CONDITIONS

- Must be a student
- Item must be published
- Does not apply to submissions from University Clubs or from students who have gained funding from the MCC for the activity which they are reporting on.
- Email items to:  
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# AVID Conference blog

## Part 3 of 5

### AVID Trip 2010

#### Part 2 Los Angeles...

#### 3 A.M. Sleepless in LA...

We left Albury on time at quarter to 10 and arrived in Sydney 40 minutes later... with 10 hours to kill. We sat in a cafe, reading, talking, with short walks to look at the few shops until it was time to check in. YAY! there were heaps more shops after customs... much bigger and better shops as well.

Kerri happened to mention the small items she'd brought to give to the teachers in her strand discussion group and I thought "Oops! something ELSE I forgot!" But after cruising the souvenir shops, I found some lovely little gifts (wooden coasters made from Aussie timbers like blue gum, red box, etc and some funky little Australian grammars with the sub-title 'funetic slanguage' which I thought might appeal to the English teachers).

Then we sat in the boarding lounge... with an added hour waiting - there had a been a pile up on one of the freeways and 90 people were late for the flight, rather than ruin their holiday/business trip for something that wasn't their fault, V-Australia delayed the flight and tried to make up the time on the trip across the Pacific. Which we did!! we were only about 15 minutes late pulling into LAX.

About 13 hours in the air, a nice meal, watched *How to train your dragon* and *Avatar* with about 6 hours sleep in between. We were in the last 2 rows which meant a lot of noise and everyone who used the loo brushed past me. Not ideal sleeping conditions - so it's probably a good thing that I tend to be a bit of an insomniac, sleeping in fits and starts. So anyway, we arrived in LA around 6pm WCST.



Triffid-like palm trees

Then another 2 hours to get through Immigration, Baggage Claim and Customs and we were finally outside looking for our Shuttle to the Sheraton Universal. It took about 40 minutes to get across LA, a huge city of 9.8 million people (2009 figures, <http://quickfacts.census.gov/qfd/states/06/06037.html>). It was sooo strange that there weren't trees like we are used to... only these great triffid like palm trees peering over the tops of the buildings in massive droves...I wonder if Wyndham ever travelled to LA?

Anyhow, eventually at about 9:15 we made it down to the restaurant only to be told it was closed, but the bar was open for snacks and there's room service. Not in our room... with four of us in a smallish room and only 2 seats in it! The other girls decided to walk down to the Hard Rock Cafe, but after approximately 26 hours of travel, I didn't want to walk another step - not when we have all day tomorrow at Universal Studios!!! Exciting! So I ordered a delicious herb crusted sea-bass served on a bed of warm vermouth, potato and tomato granita, Mmmm, Yumm-oh! Then bed for two hours and neither Chloe or I could sleep, so here we are at 3:45 am in the computer lounge catching up on emails and blogging, etc...

So that's the flight, and I will soon be off to catch another 3 hours shut eye before our big day tomorrow.

CU L8R,  
Tracey

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### Universal Studios - Take 1

After a night of little sleep... we shall draw a discreet veil across the snoring and sleep talking, and blame it all on jet lag... we planned on rising about 7 a.m. so we could get an early start at Universal Studios. But, as is often the way with even the best laid plans... my alarm went off at 6:30. Oops!

So after our complimentary breakfast buffet in the Club Room we set off across the car park and took the glass lift up the cliff face to the Sierra Ballroom's piazza (I think the ballroom is attached to the Hilton), then across a footbridge over the freeway to the gates.

Inside we took the Back Lots Tour... fascinating stuff... past the sets, with snippets of movies being shown on the screens in each carriage to show when the sets were used - and such info as *Leave it to Beaver's* house is currently being re-used as part of Wisteria Lane in *Desperate Housewives* (the same house used across such a wide range of years).



Curved street, showing backless buildings, and different style of building altogether on the right.

It was fascinating seeing New York and Europe and totally imaginary lands all portrayed, higgledy-piggledy, cheek and jowl with each other in such a small area. When they build the streets they always have a curve in them, which makes the street look like it continues, but in reality there is a bit of a bend and then that New York back street becomes a turn of the last century country town's main road. For example, there are 6 'Main Streets' from western towns, each with its Sheriff's office and tavern, the other shops just have their signs changed and hey-presto a new town... ditto with Europe: there is ONE set, change the language of the street signs and/or

the types of stalls and the clothes, and suddenly the steps of the temple in Jerusalem becomes a Roman forum... utterly fascinating stuff!

The girls all went off on a ride, while I went to a show that showed how animals are trained for the movies, it showed another one of the tricks, with a huge fan, a cute little blue and orange parrot (like the one in *Pauley*) flying in the one spot against the breeze...the camera shoots across the bird toward a green screen. At the same time on the big screen the shot of the bird is shown, but the editors edit in backgrounds of fields, sea and desert, ending with space and the bird looking back at earth as he flies off to another galaxy. Funny that seeing how it is done doesn't destroy the magic!

After about 5 and a half hours walking and checking out shows and rides, I decided I'd had enough and while the other 3 girls continued on with more rides (Waterworld, Jurassic Park and the House of Horrors) I walked back to the hotel for a nap [showing my age no doubt]. For lunch I had two "world famous" Californian (or American?) specialties: the Cinnabon (yummy but such a sugar overload!!) and a pulled pork sandwich.

I woke up when the girls got back and they too had a short lie down before we went back up to the Club Room for hors' d'oeuvres and then took a walk back up to the Universal lot. Outside the gates there are a heap of shops, restaurants and hotels, so we did some souvenir shopping getting back to the hotel about 10-ish. It's all fascinating... massive caramel apples that would feed a small family, and what seems like hundreds of flavours of chocolates, fudges, and sweets. There is a shop called Sugar, that has a statue of Marilyn Monroe made out of white jellybeans! Amazing!

Then we returned to the hotel, checked emails and results from last semester (I've passed all my subjects... whew! as have the other girls on all the results they've received thus far), and now that this blog is done, I'm off to bed... after 11 pm and really tired, so I should sleep tonight... more sightseeing in the morning...

Hasta la vista, Baby (as they say in the movies)  
Tracey

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**"Under the boardwalk, Out of the sun..."**



We woke early-ish and had breakfast (in the Club Room, of course), before catching the Metro down to Wilshire/Vermont station and changing to the 720 Rapid Bus for the trip to Santa Monica Beach. The bus trip takes about 40 - 50 minutes and we saw some amazing architecture, elegant suburbs and sights like Tiffany's on the corner of Rodeo Drive as we passed (we decided to dedicate a day to the centre of Hollywood when we come back to LA before flying home to Sydney).

For today, we stayed on the bus until the end of the line and then strolled down to the pier and took in the sights. When we arrived, the beach directly in front of the water was crowded with people all holding hands. It was 'Hands across the

Sands' a protest against BP who haven't acted quickly enough to clean up the oil spill in the gulf (green view).

The Pier itself is pretty amazing with a mini amusement park, an old-fashioned carousel, buskers and painters and traders all along the sides, a few seafood restaurants and dozens of people fishing. Every now and then there are stairs down to small landings, floating docks, with yet more fishermen on them.

Then we had a sea food lunch: a couple of the girls had calamari and chips and I had the clam chowder in a bread bowl, which was absolutely delicious! All of this is up on the pier which is made from humungous wooden planks - very old and worn by the passing feet of generations of Santa Monicans with the nail heads all poking up, laying in wait to trip the unwary. I wonder if this is the famous boardwalk of the song?



After lunch we wandered back up toward the bus stop but detoured along the Third Avenue Promenade which was three blocks long, blocked off to through traffic in a pedestrian mall, a bit like the Corso in Manly, but a much larger area. There were dozens of buskers here too and crowds milling around enjoying the sunshine - although the sun had come out, it wasn't horrendously hot, rather it was a very pleasant 77 degrees F (approx 23 - 24 degrees C).

There are some pretty amazing topiary 'statues', well artworks, shaped like dinosaurs, with heads and spines of steel and bodies of living bush.

By then we were back at the bus stop and so hopped back onto the Rapid bus for the trip back. On the way out to Santa Monica we'd been 'entertained' by an obnoxious man who spent about half of the trip arguing with the bus driver; thankfully, the trip back into town was devoid of argumentative people. In fact, people were polite and actively wanted to help us when they heard our accents.

Although it doesn't sound like we did much it was a tiring day, being jostled by the bus was almost as good as a gym workout(!) on top of our walk: although Kerri says 'we didn't walk much, we sat on the bus most of the time'. Bear in mind though that Kerry is half my size and about 15 years younger.



Back at the Sheraton we were in time for the hors' d'oeuvres, and are packing up tonight ready to travel to Dallas tomorrow morning (Sunday). We leave the hotel just after 7 am to get to the airport on time for our flight. I'm looking forward to a couple more days in LA on the way home, there is so much to see.

CU L8R,  
Tracey

# Recipes

## **Continental Frankfurter Special**

### *Ingredients*

- 4 crusty long rolls
- 4 continental frankfurters
- 1 onion, finely chopped
- 1 rash of bacon, finely chopped
- 4 slices of Homebrand Processed cheese
- Salt and pepper

### *Method*

1. Preheat the grill on high
2. Cut the rolls down the centre to create a space for the frankfurter. Place one frankfurter into each roll
3. Fry bacon and onion together to form a bacon-onion mix to spread on frankfurters. Cut cheese to fit the roll and season with salt and pepper
4. Grill until golden and serve immediately



## **Sweetcorn & Bacon Fritters**



### *Ingredients*

- 200g canned creamed corn
- 1 cup self-raising flour
- 2 eggs
- 40g Cheddar cheese, grated
- ½ cup parsley, finely chopped
- 2 rashers lean bacon, chopped

### *Method*

1. Combine the corn, flour, eggs, cheese and parsley. Mix well and set aside
2. Heat a non-stick frying pan over medium heat and fry the bacon until crisp, and stir through the corn mixture
3. Fry tablespoons of the mixture in the frying pan used to cook the bacon. Once bubbles form on the fritters, turn them over and cook for 1-2 minutes. Serve with tomato or barbecue sauce.

# Bush Bash Ball



# Close The Gap Ceremony



5 minutes in the hot seat with....

## Jacob Gordon

**Course and Year:** PHD in being the greatest yet I double in teaching. 1<sup>st</sup> year.

**Favourite pick up line:** I'm the great man I don't need a pick up line.

**If you could take any girl on a date who would it be?**

Do we have a mirror?

**Where would you take a girl on your first date?**

The only place I could take them is heaven.

**Most embarrassing moment?**

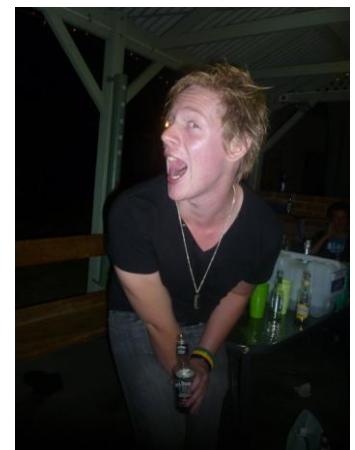
What's embarrassment.

**Favourite CSU moment?**

The fact that every morning I wake up and see myself in the mirror and see an image of greatness... I'm living the dream.

**Greatest Attribute:**

The guns Des and Troy.



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