

Velocity 03 '09





CARA PRENTICE

Position DE Representative

Course- B Bus Studies

Year- 2nd in 2009

*Other involvements- Full time job, as well as study.
Enjoy a good party and spending time with friends.*

The MCC publishes the free student magazine, Velocity. All contributions are welcome:

csuvelocitymagazine@gmail.com

DEADLINE FOR NEXT EDITION: Wednesday, 1ST APRIL 2009

MCC CSU CALENDAR- 2009

If you would like your function added to the calendar, please email the details
(Updated 21 March 2009 - **please note that some dates are subject to change**)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
M A R	23 Ultimate Frisbee @ Noreuil Park 7pm	24 MCC meets NEW VELOCITY	25 Uni Bible Study 3:30pm in Blake Lecture Theatre	26 Mixed Tennis @ Thurgoona	27	28	29
M A R	30 MARHS meets 5pm @ Shed Ultimate Frisbee @ Noreuil Park 7pm	31 Census Date for Autumn Session	1 Uni Bible Study 3:30pm in Blake Lecture Theatre	2 Mixed Tennis @ Thurgoona	3	4	5
A P R	6 Ultimate Frisbee @ Noreuil Park 7pm	7 MCC meets NEW VELOCITY	8 Uni Bible Study 3:30pm in Blake Lecture Theatre	9 Mixed Tennis @ Thurgoona	10	11	12
A P R	13	14	15	16	17	18	19
A P R	20	21	22	23	24	25	26

**What's on:**

- MARHS will be holding their newly formed annual Bush Bash Ball at the end of May. Everyone is welcome to what is sure to be an unforgettable night. Be on the look out for more details in the near future either on our FACEBOOK PAGE, posters, the MARHS forum or in the Velocity magazine!
- 6 lucky MARHS members will be flown to Cairns in late July to attend the NURHC conference, where they have the chance to meet and mix with other students who have a keen interest in rural and remote health.

Meetings:

- Our general meetings will be held fortnightly at 5pm at The Shed with our next meeting being held on the 30th March. Anyone who has an interest in rural and remote health is welcome to come along. Membership is only \$5 and we assure you that you will definitely receive your moneys worth!

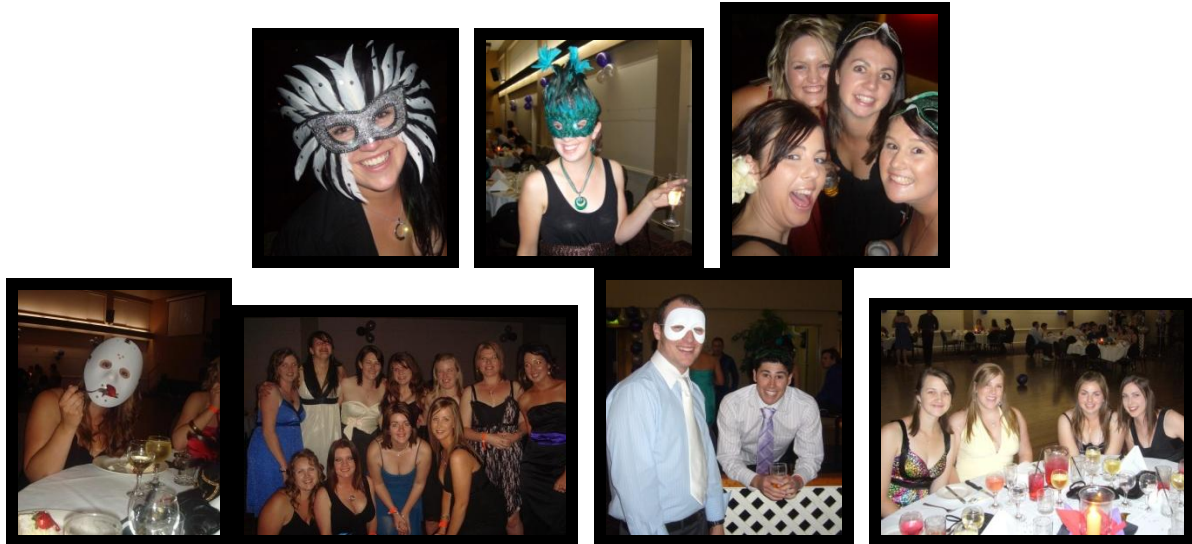
Committee:

President – Rahm Ranjan
Vice President – Adrian Carey
Secretary – Nadia Lightfoot
Treasurer - Steph
NRHSN – Jennifer Barr

PLEASE JOIN OUR FACEBOOK GROUP – POST PHOTOS, CHECK FOR UPDATES AND JOIN IN DISCUSSIONS. ALL NEWS AND UPCOMING EVENTS WILL BE AVAILABLE ON THE MARHS FACEBOOK PAGE

EDUCATION BALL

This year the Ball will be held in May/June so keep your eye out for more information!!



If you have any ideas/suggestions/requests for the Ball please email Dayna... daynamk@hotmail.com

The Local Community Partnership presents
Michael McQueen



Founder and Director of The Nexgen Group Pty Ltd, Michael is a Sydney-based speaker, social researcher and best selling author. As a leading authority on how to connect generations and engage with Generation Y, Michael is a sought-after presenter across Australia and South East Asia.

Need help understanding and engaging with Generation Y?

Don't miss this free event...

Event registered as PD for Victorian Teachers:
www.vit.pdi.vic.edu.au

Tuesday 31st March 2009
'Future Trends & Skills Shortage'
Wednesday 1st April 2009
'Understanding Gen Y'

12:00 to 1:00pm
La Trobe University
Main lecture theatre

Proudly Sponsored By



Seats are limited and registration is essential to secure your place!
Register by phone or email:
02 6056 0966 or admin@nellen.org.au

Uni Bible Study Update



Uni Bible Study has been off to a great start this year. At the beginning of the year, we moved our public meetings to the Thurgoona campus, in anticipation of the health faculty's move. These Wednesday afternoon meetings are held in room 111, near the Blake lecture theatre, at 3:30 pm. Everyone is welcome to come along for a Bible talk, fellowship and some afternoon tea. If you're an Albury campus student, or maybe you just live in town, we've been meeting at the city campus Library car park for carpooling at 3pm. This term has also seen the start of some prayer triplets on campus. The aim of these groups is to meet together, encourage one

another and pray for each other. If you're interested in joining a group, just email us at

UBS-committee@alburybf.org

For Training in Christian Living (TICL), we have joined with the La Trobe UBS group at 5:30 Tuesday evenings. We share a meal and then do a study about Christian doctrine. Essentially we're hanging out and chatting about some of the foundations of Christianity and what the Bible is all about.

And socially- we've enjoyed spending time together, building friendships. In week 3 we had a chill out time, with pizza and Napoleon Dynamite. We would love for you to join us for prayer, meetings, a Bible study or a social event!



A successful meeting on Friday the 13th March saw the beginnings of what we hope will be a club for those of us who don't party hard. Not that we necessarily don't want to, or haven't in the past.... We just need some sober company to get us through UNI life.

Our aim is to provide an alternative social group of students (hence the name, Claytons)..... Once we successfully apply for the MCC grant, we hope to meet over subsidised coffee, lunches and other activities to support each other.

Membership is \$1.00, payable at the next meeting you attend. You will receive a membership card which will entitle you to subsidised social events.

OUR NEXT MEETING IS THURSDAY, 26TH MARCH AT 1.30PM AT THE GUMS

Hope you'll join us. We need to talk about future meetings and social gatherings.

murrayclaytonsclub@gmail.com

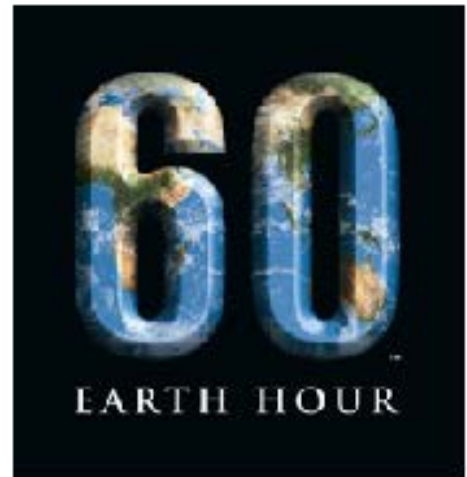
President: Fiona Mackenzie
Treasurer: Sean Lethlean



Turn your lights off at home and participate in

Earth Hour

At the
Albury Community Wood Fired Oven
Hovell Tree Park, Albury
Saturday 28 March
7pm – 9pm



Free tastings of local produce baked in the Wood Fired Oven

Local band Anam Cara will play the night away

Find out more about how you can live more sustainably with information stalls by local groups including the Sustainability Alliance

Come and try the pedal-powered electricity generator - can you power a tv, a light, or even make a smoothie?

Murray Energy will be there with free eco-friendly give aways

THIS IS A FREE EVENT

Reduce your carbon footprint and receive a free give away

CAR POOL: share the drive with friends and family

RIDE YOUR BIKE: Don't forget your lights for the trip home. Bike parking available

WALK: and enjoy the fresh air



ABOUT EARTH HOUR

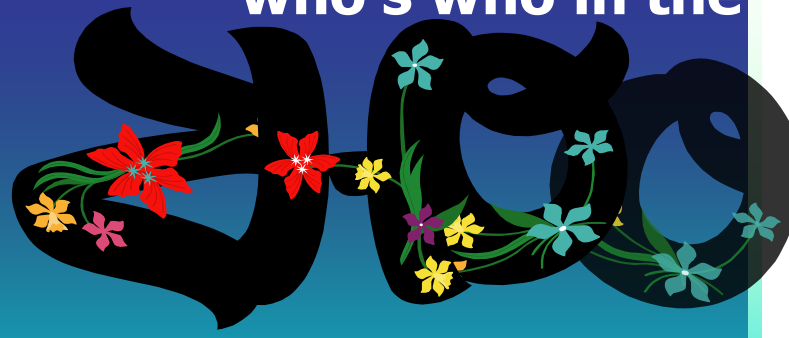
On Saturday, March 28, 2009 at 8:30 PM, people around the world will turn off their lights for one hour, Earth Hour, to show how by working together we can make a difference in the fight against climate change.

The symbolic event is the highlight of a major campaign to encourage individuals, businesses and communities to take action to cut their emissions on an ongoing basis.

Earth Hour aims to reach 1 billion people in 1,000 cities to illustrate the world communities' support for action on climate change. The campaign is led by independent conservation organisation, WWF.

Find out more at <http://www.earthhour.org/>

who's who in the



Jane Battersby

Support Central
Student Services

CONTACT DETAILS: 1300 734 654

Situated: Support Central Desk, Gordon Bevan Building

- General enquiries
- Study packages - what date they were sent to you, or missing items
- If you have difficulties contacting academic staff
- Assignment receipt and return
- Residential schools
- DE textbooks
- STUDY LINK
- Careers advice
- Chaplaincy
- Health services
- Online learning
- Financial assistance
- Off campus accommodation
- Student equity
- Complaints and feedback
- Counselling
- Disability support
- Learning skills
- English skills support
- On Campus accommodation
- Maths skills

WINNERS!!!

O Week raffle (Which raised money for Aussie Helpers):

First prize Gold Class gift package for Cinema Centre (value \$90) – **Lynn Furze**

Second Prize \$50 dollar Rebel Sport gift card – **Christine Lashbrook**

Third Prize \$10 dollars in 'Cod Cash' – **Laura Murnane**

Negotiating the SSAF

For starters, what is the SSAF? The Student Services and Amenities Fee, which is touted to be coming in from 1st July this year. Unis do not have to charge students this fee, but the guess is that most will due to the negative impact that Voluntary Student Unionism had on campuses across the country. The government currently are setting the cap of this fee at \$250 a year, and have set benchmarks and guidelines

(<http://www.dest.gov.au/NR/rdonlyres/2B5C712C-FE76-451E-839F-22F8A377F162/25473/090218StudentServicesandAmenitiesFeeGuidelines.pdf> and <http://www.dest.gov.au/NR/rdonlyres/7E49B522-3A12-4581-9D3C-CA3B4561A703/25471/090218StudentServicesAmenitiesRepresentationandAdv.pdf>) for the distribution of this money.

It has been stated rather clearly by Kate Ellis

(http://www.deewr.gov.au/Ministers/Ellis/Media/Speeches/Pages/Article_090211_133421.aspx) that this is not a return to Compulsory Student Unionism.

There has been a lot of talk in the media lately that this is simply a return to forcing people to pay for student unionism. This is not true, although there are provisions in the Guidelines to ensure that students do have representation, and that those student representatives have access to the resources they need. There are also provisions for things like student advocacy, food outlets, support for international students, orientation information, libraries and reading rooms, health care, clubs and societies, sports, and welfare services. To ensure that there is minimal financial impact on students, unis will have to offer eligible students the opportunity to use a HECS-style loan to pay their fees.

Phew! That's all the official stuff, so **let's get down to the nitty-gritty of what you actually want to know**: how will this impact you, the student at CSU? Well, that's exactly what Matt Samson (President of the SRC Bathurst) and myself are going to find out. We have been asked to join a working party with uni staff to negotiate how the SSAF is going to work, where the money will be directed to, and basically get the student voice into the issue. We have already spoken to our respective Student Rep Committees (Matt with SRC Bathurst, myself with Rivcoll SRC on Wagga) and reps on the SRCs of Albury, Orange and Dubbo campuses to compile a paper outlining where the students stand on the SSAF. And once the working party gets going with the uni, we will be able to provide you with updates. This is an issue that affects all of us, so please let me know if you want to say something (on the email addie below). The only way the uni will know about the student voice is if you speak!

For more information on the entire thing (including VSU impact):

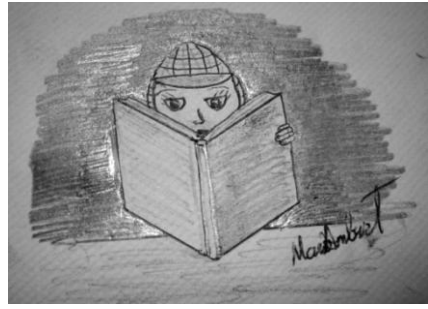
http://www.dest.gov.au/sectors/higher_education/policy_issues_reviews/key_issues/VSU/

A.J De Ville, Vice President CSU Student Senate

Ph: 0428 719 242

Email: ajdeville@optusnet.com.au

Miss CSU



Dear Students,

How have you all been these past weeks? I trust St Patrick's Day was celebrated in moderation. The Irish have a lot to be proud of but not Paddy's Day. Speaking of Ireland - last year it was in the top five richest counties in the world (Australia not even in the top 15). Now, their unemployment rate is growing by 1000 people a day, it's 10.5% so far. I don't intend to scare you poor things - I'm simply pointing out that this recession is going to hit our Australian shores and hit soon if the economists are correct. It's time to start looking for jobs and saving money, don't just shrug your shoulders and laugh! Believe me, a depression is not enjoyable so have a look at this article for college students - 11 Ways To Save Money http://www.youngmoney.com/money_management/saving/050314

CSU News: The days fly by like leaves in Autumn, and it's almost Easter . The holidays will go even faster, so be diligent and get most of your assignment finished before the break. The weather is getting chilly, time to find your scarves and pretty looking hats. On the subject of keeping warm, isn't the Shed's coffee just too delightful for words.

World News: That frustrated young man who threw his shoes to the former President Bush is being jailed for three years. An odd crime, considering he didn't even hit. Beware crossing the Indian Ocean to Somalia on your private cruiser, the Somalian pirates are still at large. Seizing ships and asking for ransoms is inconceivable, but it appears to be a good business... for now.

Did You Hear about the customers contacting the PC Help Line when they buy their computers? A customer complained that his keyboard no longer worked. He had cleaned it, he said, filling up his tub with soap and water and soaking his keyboard for a day, and then removing all the keys and washing them individually!!! The software inside the computer can be equally befuddling. A Dell customer called to say he couldn't get his computer to fax anything. After 40 minutes of troubleshooting, the technician discovered the man was trying to fax a piece of paper by holding it in front of the monitor screen and hitting the "send" key. Speaking of computers, the Albury campus has less computers, and Thurgoona don't seem to have more... where are they?

Q: Does Charles Sturt University have a motto or anything similar? Sarah

A: Indeed, the University does. It is, 'For the Public Good' It was taken from the writings of Charles Sturt, who is now the name of the University. Interestingly, the prestigious university also has a Coat of Arms

I rather fancy having a hot chocolate, it's very popular in Paris you know. If you have any comments like Sarah's, or questions, etc, you may send me an email.

"The world is a dangerous place, not because of those who do evil, but because of those who look on and do nothing." Albert Einstein

Yours Truly,


Miss CSU
misscsu@gmail.com

* Miss CSU does not reflect the ideas or opinions of Charles Sturt University.

HotHouse
THEATRE
 & Christine Dunstan
 Productions present

Inside Out

by Mary Rachel Brown
 5-9 MAY



What do you do when life abruptly turns you upside down? Courageous, heartbreaking and yet surprisingly funny, *Inside Out* is a compelling story, where realities collide and lives are transformed.

"A riveting production . . . a rollercoaster ride . . . highly recommended."
 Canberra Times

Cast: Lindsay Farris, Tracy Mann

Under 26 RedHot Rush standby tickets are only \$16 at the door of the Hume Building Society Butter Factory Theatre Wodonga 10 minutes before shows subject to availability!

Details at www.hothousetheatre.com.au



UNDER 26?

Like to see some of the best theatre Australia has to offer?

HotHouse
THEATRE

At HotHouse Theatre **RedHot Rush** standby tickets are **ONLY \$16** at the door of the Hume Building Society Butter Factory Theatre Wodonga 10 minutes before HotHouse season 2009 shows subject to availability!

Pay-What-You-Can midweek performances!

In 2009 HotHouse Theatre will have one daytime midweek Pay-What-You-Can Performance per show season. All tickets unsold 1 hr prior will be available for purchase in person at the theatre Box Office at whatever price you can afford (minimum \$5, limit two per person). See dates at <http://www.hothousetheatre.com.au/season/dates/index.htm>

Child Care @ CSU Albury

Murray Children's Centre currently has vacancies available for children aged 6 weeks to 5 years.

The centre is open Monday to Friday, 8.30am to 5.30pm.

If you would like further information contact the Director- Michelle Smith in Ph. 60516768, or email micsmith@csu.edu.au or look at our website- www.csu.edu.au/special/murraychildrens/



CSU has initiated a partnership with (Albury Wodonga Volunteer Resource Bureau (VRB) to enhance each student's academic and personal engagement with the community.

Albury Wodonga Volunteer Resource Bureau

How To Get Started



Telephone to make an appointment.

Interviews take place on Tuesdays, Wednesday and Thursday

The Interviewer will outline the current volunteer positions available in the community matching your skills, hobbies and experience.

You will then receive a referral to one or more organisations of your choice.

The Volunteer Resource Bureau may contact you after you have started to offer support or further assistance.

Phone: **02 6021 0990**

[Email: volunteercentre@vrb.org.au](mailto:volunteercentre@vrb.org.au)

Web: www.vrb.org.au

Helping Hands

Ward Volunteer

The volunteer role is an important way to assist patients during their stay in hospital; some patients who stay for a few days or up to a few weeks need extra support. Some of the skills required are, ability to actively listen without judgment, emotional maturity, warmth, empathy, tact and discretion. Volunteers will assist with wheelchair mobility, light diversional activities e.g. reading newspaper, playing cards and alert staff to patient needs.

Comprehensive training is given, uniform is provided. A commitment to 2 hours per week is required.

“Easter Sandwich” Activities Program

Volunteer at a school holiday program for children with a disability. You will pair up with one child for the program. Get ready to enjoy 4 days of fun on Monday 6th April & Wednesday 8th April, then following the Easter holiday, Wednesday 15th April and Friday 17th April. Any days volunteering would be appreciated, please make contact ASAP for a referral.

Community Centre

Kidz Club volunteers Tuesday & Thursday Afternoons 4-6pm, activities with 6 to 12 year olds, also volunteer Tutors for the Literacy and Numeracy Homework Centre for Tuesday & Thursday afternoon 4-5pm.

Classroom Assistant

Volunteer as a Teachers Assistant at special education facility, any day, 9am to 3pm or a morning or afternoon. Assist in the classroom or with outside activities.

Day Programs

Become a volunteer with an organisation located in Lavington, patience and kindness are the skills required. Assist with craft activities, music, or as a friendly visitor, are some of the ways to become involved.

Community Radio

Radio technical operators for the early morning shifts, the hours are 5.30am-7.30am once a week or fortnightly. Training is provided.

For Interview and Placement Appointments

Contact: Cheryle Hallows

Ph: 6021 0990

Email: interview@vrb.org.au



SOLUTION from last edition:

3	6	8	2	5	7	9	4	1
4	2	1	9	8	6	3	5	7
9	5	7	1	3	4	2	6	8
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7	3	5	4	6	8	1	2	9

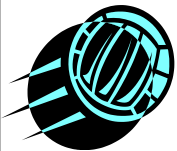
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Answers in next edition.



Sports Equipment



The Murray Campus Council has sporting equipment available to borrow at no cost for students.

Items available – basketballs, soccer balls, footballs, volleyballs, touch footballs, tennis rackets & Frisbees



TENNIS: You can also use the tennis courts located on Mitchell Street in Albury at no cost. (Ask Lee about free courts in Thurgoona)



PlayStation: Limited games available – See Tom at the Bar.

More Information: Sporting equipment & key for tennis courts available from Lee Elliott (Student Support Officer) located in the Shed (Albury City Campus)



*** Your student ID card will be held onto while you borrow the equipment**

Student Discounts 2009

The following local businesses are offering discounts to CSU students on presentation of your Student ID Card

Change to Hume and pay no monthly account keeping fees.



Visit www.humebuild.com.au or call 02 6051 3211 today.

Hume Building Society Ltd ABN 85051 868 56 AFSL No. 244248. You should read a copy of our Product Disclosure Statement before opening an account with us. Correct as at 15/01/09. Terms and conditions apply.

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10% discount off all inkjet cartridges, refills & refill kits. 12month extended warranty on all hardware/printers free.



UNDER 26?

Like to see some of the best theatre Australia has to offer? Welcome to the 2009 HotHouse Theatre Season.

REDHOT RUSH TICKETS ARE ONLY \$16 AT THE DOOR

10 minutes before most shows, subject to capacity. Also check the website for details of our Pay-What-You-Can midweek performances. Don't miss out!

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F: 03-57281904

contact@mybeechworthsecretary.com.au

www.mybeechworthsecretary.com.au

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