

VELOCITY



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Letter from the Editor...

Wow, what an exciting 2 weeks its been! The first edition of Velocity, the beginning of the second half of my degree, interviews for exchange, Ultimate Frisbee, orchestra rehearsals and functions functions functions!

Let's see now. The **Parks and Eco CHOCOLATE Ball** was an awesome night and I believe thoroughly enjoyed by everyone who went along. (I know that I had a BALL on that very chocky night) last Wednesday (again at the **SLOSHED COD**) was the live band and cheep blue shots to raise money for the **Bluebottles** (water polo club) who I believe recently won bronze at a competition in Sydney. (report coming soon - if they don't get it to me today!). The next night out here at Thurgoona the **Uni Bible Studies** had their first night of Food, Music and Christ at the **GUMS CAFÉ**. It was a fun night, the food and the music was awesome, I'll admit that the god part wasn't quite my cup of tea, but UBS made every one feel welcome and with that alone I'd totally recommend people to go along if they ever have another one!

Slack Lining apparently was a hit in at the city campus and there was even someone who showed up after reading the add in last fortnights Velocity (woohoo! the system works!) So don't forget that if you want to get people to your activity - email me the particulars and I'll pop it in.

Talking of events: there are things happening around Albury! So get out there and see what's cranking. Leisure is an important part of your every day life and I don't know what you all doing last Friday night because I didn't see you out and I know that there wasn't anything on the TV! I was at the Cod till it closed and we had a ball! Our Uni bar the **SLOSHED COD** for those of you who have forgotten where it is on the city campus and has the cheapest drinks in town. Not only that, but it's an awesome place to catch up with mates, (even if you haven't met them yet!) to organise something to do later that night. The Cod is the place to be for a club function and cheep themed drinks can be organised, so start showing up, come in and have a few and talk to the bar staff - support the uni and keep the culture. The more, the merrier. (think about it!)

In this edition you're in for a real treat. A fabulous report from the SOS conference (Students Of Sustainability) that was on during the break. I'll let Alex tell you more about that. Adventure Club, UBS write up form their trip to Canberra for their mid year conference, MARHS update and it goes on and on and on an.....

A HUGE **THANKYOU** to everyone who sent in bits and pieces over the past 2 weeks, keep it up!! Remember, if you if you've got something that you want put into Velocity - email it to: CSUVelocityMagazine@gmail.com and let everyone know!

Have a good one, I know that I am!!

Sven Helland.

SOS '07

By Alex Miller

Well what an adventure! On the 3rd of July 14 intrepid CSU students boarded a mini bus in Albury with the aim of trekking across the country to attend the 2007 Students of Sustainability (SoS) conference. This would be the sixteenth year in which the conference has been run yet the first time that CSU has participated.



The drive across lasted six days and over this time we were able to develop as a group. We camped at free camp sites along the way, all with great views and a magical feel. The first second and third nights were all spent in South Australia, staying on lakes and oceans. Highlights included the dramatic western coastline of the Eyre

Peninsula as well as the abrupt, endless Bunda Cliffs of the Great Australian Bight.

Finally we crossed the border into Western Australia and thought we had our destination in sight, only to realise we were merely just over half way. Two nights were spent on the road in WA and we travelled down the longest stretch of straight road in Australia, just under 150kms in one long straight line. Then into Perth we went! Back to “civilization”, it was a weird feeling, though the option of now being able to have a shower was comforting.

The conference was being held at Murdoch University in Fremantle. This is where we called home for the next week. Now compared to Albury and Thurgoona this uni was big. Suddenly getting lost was an issue, more than one main lecture theatre! Disaster! However all of this would be overcome as we engaged with a most diverse, entertaining and at times confronting array of characters which made up the community of SoS.

SoS is run by the Australian Student Environment Network (ASEN). This network helps facilitate all the different environmental clubs and collectives from universities all over Australia. The SoS conference is therefore a great chance to meet face to face with people from other universities, all of whom hold concerns for environmental and social justice issues and are more than willing to share ideas and discuss important current topics.



Each day at the conference was themed, the main topics focusing on climate change, conservation and indigenous social justice. We were fortunate enough to hear from experts, international activists and Indigenous leaders throughout the conference. There were six lecture/workshop times scheduled for each day and in each timeslot would be a choice of often five or six different lectures. This gave a great deal of variety and allowed you to be selective in exactly what you wanted to be involved in.



The atmosphere of the camp was very relaxed and caring. People were generally interested in talking to you and finding out where you were from and what makes you tick. A large chai tent was set up which was a great place to spend the evening, kicking back with a chai and mulling over the days proceedings. This was a great energy boost, very simple yet it would leave you in a healthy positive frame of mind and feeling excited about what you

were involved in and looking forward to the sun coming up the next day.

In addition to all the knowledge gained from lectures and workshops the networking at a conference such as this was absolutely invaluable. Apart from Sydney Uni we had the largest participation outside of WA. Our university and environmental clubs are now known and recognised nationally within the student environmental movement. This opens up the doors for further involvement in other activities and skill shares that take place. We can also act in support roles for other groups.

As the conference wound down we had to say goodbye to our new friends and begin to pack the bus again for our trip home. We would however spend an extra night in Fremantle to let our hair down after a hectic two weeks. We enjoyed some sight seeing, the sun setting over the Indian Ocean was very special. A game of air cricket along the esplanade left passers by confused but was particularly entertaining. Dinner in our orange shirts and a few beers made for an entirely successful evening. Then once again up before dawn to jump on the bus and head off into the great blue yonder.

After a week of not seeing much of each other it was actually quite nice to all be stuck on the bus again. We were



back in our little clique and once again could act like idiots without having to worry about what the rest of Australia might think! The trip home only took four days, this did however include an eighteen hour last day on the bus, everyone was glad to get back that night.

One of the most amazing sights of the trip we witnessed on our way back. We

SoS will once again be held next year. This time it will be conducted at Newcastle University so this should make it much easier to organise CSU attendance. The conference is open to absolutely everyone and it would be amazing if we could take an even bigger group next year. So if you are keen contact the Parks and Eco Club and we can make sure that you do not miss out.

Since our return we have been working on projects for the student body here at CSU. Coming up on Wednesday the 5th of September we will be holding a free sustainable food day at the Gums Café, everyone is welcome. We will also be conducting presentations on various issues that we find significant,

visited the Head of the Bight and were astounded at the sight of a dozen or more Southern Right Whales in the bay. They were so close it felt that at times you could almost reach out and touch them. As well as large adults there were also several calves and watching them play and interact is something which everyone will remember for years to come.

as well as starting a free shop (more on this in later editions) and getting a bike co-op up and running again.

Finally, everyone who attended the SoS conference would like to thank the university and various members of the community for their support which allowed us to attend. Without this we never would have been able to get there and would have not opened up so many avenues of possibilities for ourselves personally and for our clubs and university. Thankyou all!



ADVENTURE ZONE

The Adventure Club:

Is an arm of the Parks and Eco Club which organizes pursuits such as rock climbing, hiking, mountain biking, cross-country skiing and anything else its members want to do.

The Past:

In recent times we have been climbing at local crags such as the Quarry and Felltimber boulders. Days out to The Rock have been a common with large turn outs of beginner and amateur climbers testing their skills and nerves. Mountain biking has become a weekly ritual with Nail Cann being a favorite location.

The Future:

The future of the club lies with what the members want to do. Some members such as myself are taking steps towards an Uni Adventure Racing team. With the Lorne Adventure Race in December holding the official University Sport (AUS) national championships for Adventure Racing I am keen to make this our first event.

If your game check it out and get in contact:

<http://www.rapidascent.com.au/asp/Description.asp?e=4>

Day trips and overnight stays in campsites are on the agenda with a summit of Kosciuszko planned for the summer. Also a team for the Murray Marathon kayak race in the summer is starting to take shape.

Interested? or want to become a member?

If you have a sense of adventure, love the outdoors or just want to find out what else is on offer come along to the Parks and Eco meetings 7:30pm every other Wednesday at the Sloshed Cod.



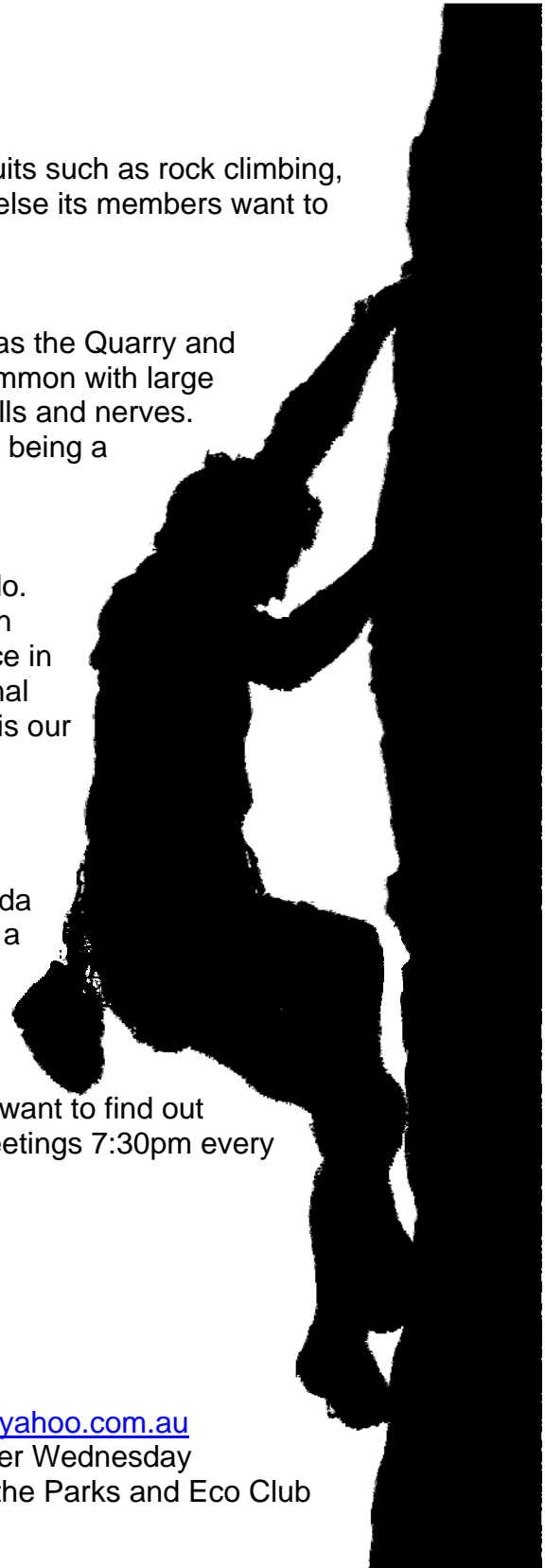
VELOCITY – SOS

Contact:

President: Kieran Babich

Club Email: parks_eco@yahoo.com.au

Meetings: 7:30 every other Wednesday at the Sloshed Cod with the Parks and Eco Club



MARHS



What's been happening with MARHS?

This term MARHS has been more active, with two Rural High School Visits conducted in the past fortnight. Small teams of MARHS members from different disciplines visited Wodonga Combined Secondary College and Albury High school to promote allied health.

On August 13 MARHS hosted a cultural awareness to broaden the horizons of its members as future allied health practitioners. The night involved two speakers from Greater Southern Area Health Service, anecdotes from the MARHS-related trips of 8 members and a spread of free food!

Craig Taylor and Margaret Murray began the night with professional and holistic insight as they imparted knowledge about what it's like to work with local indigenous peoples. Jess, Rahm, Claire and Jeremy then spoke about their trips to the Northern Territory, where they visited high schools to talk to students about health issues. These fully-funded trips were run through General Practice and Primary Health Care NT and were a great professional development opportunity, with the chance to network and see the country. Tara, Marni, Heidi and Claire also shared parts of their trip to Thursday Island, where they were part of CrocFest -a three day festival aimed at primary school students. Their role was to promote health alongside university students from a variety of backgrounds and they facilitated activities such as plastering fingers and arms.

What does MARHS have planned?

Three more high school visits are in the pipelines and eight MARHS members are heading to Dubbo in September to participate in another CrocFest. **October 10 is World Mental Health Day and MARHS has great plans for around campus!**

Meetings are now held on Monday evenings at 5pm in The Shed and all health students are welcome to drop by to find out what's happening. To stay updated on what MARHS is organising keep an eye on the MARHS forum, accessible to all health students on my.csu.

For more information:

Email the MARHS co-chairs:

Jodie Frogley jodes57@hotmail.com

Sherin Kingston skings03@postoffice.csu.edu.au

CLUB PROFILE: Podiatry.....

Who we are:

The Podiatry Club is a uni based organisation which aims to promote Podiatry within the University.

It is a social club which organises events/functions at the uni bar and the annual Podiatry Ball.

The Podiatry Club has a know tradition around the university and is always looking for new members either students studying podiatry or not.

What we do:

The Podiatry Club aims to promote podiatry and social functions that the club runs.

Some of our functions include Lock N Key night & the Annual Podiatry Ball along with the odd "supprise" for our members and other concerned people.

Who we cater to:

Anyone is able to join the Podiatry Club. Its man aim is to promote Podiatry in the university and to organise social functions for student integration

When we meet:

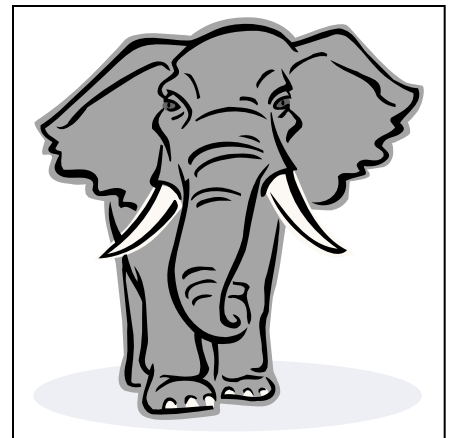
Dates are normally notified through the Podiatry forum

Contacts:

President: Dean Hartley

Events co-ordinator : Hannah Knagge and Brenton West

Club email - podclubrocks@hotmail.com



Q: Why did the Elephant paint the bottoms of his feet yellow??

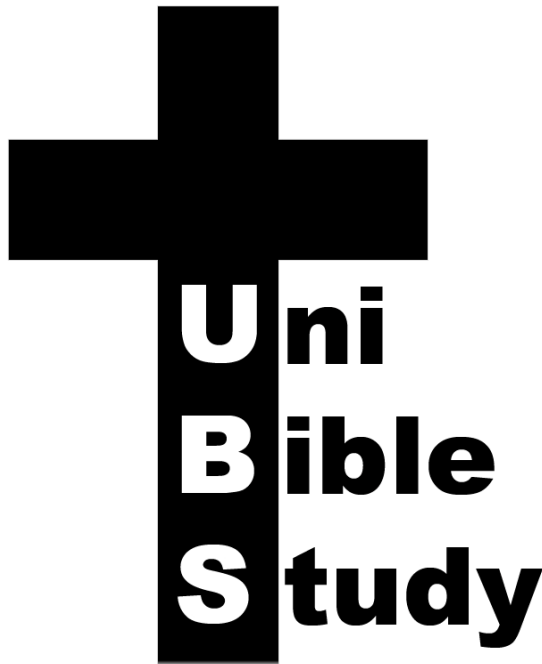
Custard the in upside-down hide could he So :A

Q: Why did the Elephant paint her toenails red??

Strawberry patch the in hide could she So :A

(Derr!!) Thanks Bec for the music at the UBS dinner – and for the jokes!! - Sven.

Uni Bible Study - Mid Year Conference Report



This year Uni Bible Study had the pleasure of getting to meet up with similar groups from across the different CSU campuses. The conference is run annually with approximately 100 students attending.

All the groups gathered just outside of Canberra for a week during the holidays. Mid Year Conference (MYC) aims to provide an environment where students get to study the Bible in-depth. Each year there is a theme for the week, this years was prayer.

Throughout the week there were many talks as well as discussion groups which provided an opportunity for students to explore what prayer really is. Of great relief to many of us was the fact that we do not need to pray in a certain yoga position, or in a foreign language.

The reality of prayer is that it is effective when we come to God asking him to help us perform the actions that glorify him. It is more about our attitude towards God than any particular physical position!

Needless to say we learnt much more in one week than what could be condensed down for this article, so if you'd like to find out more about what prayer really is then come along to one of our regular meetings (Wednesday @ 3:30, in Nowik 3).

Much fun was had by those who attended, few injuries were sustained, except for a select few who attempted to climb around a table (It is possible! Again, come to UBS to find out more).



Hip Hop Dance Classes

Every Tuesday for 5 weeks

Starts Tuesday 7th August

(2nd week of session 2)

Location: The Shed

Time: 5:00pm to 6:30pm

Cost: \$5.00

**Come along, bring your friends &
Just have some fun!!**

further questions please see;
Kerry Read
Student Support Officer
located in 'The Shed'
or email kread@csu.edu.au

VELOCITY – SOS



August 2007 EDITION TWO

THIRSTY MERC

Concert

Due to the Albury-Thurgoona campus not having the venue to hold large events like this, we don't you want you to miss out, so we are making a bus available to give you the opportunity to be able to attend these events at Wagga CSU.

- ◆ **Wednesday 29th August**
- ◆ **Playing at Wagga CSU**
- ◆ **Bus departing Albury Campus**
@ 6:15pm (Library Car Park)
- ◆ **Tickets - \$20.00** (includes bus & entry into concert)
- ◆ **Get your tickets from Kerry Read @ 'The Shed'**
(Tickets must be purchased before the night)

Back to School Night

Wednesday of Week 1 saw the coming to life of every teacher's nightmare. Back to School night saw our very own CSU finest returning to their school days (or an imaginative interpretation). The shed was flooded with school uniforms – ties, tucked-in shirts, polished shoes, knee high socks and some short skirts which would definitely have earned some people a uniform detention. Old school uniforms were pulled from the back of wardrobes and the effort was mighty fine. Even the principal said that the student's attire was desirable... at the time he was looking at one of the barely skirted girls.

The night got off to a huge start and before long we had reached capacity!!! DJ Chris kept the tunes rolling with the cries of "I remember this song" heard all throughout the night. Some classic hits even made it to the speakers... some from a little before our time and some that we would like to think we didn't know. The best dressed competition was a tightly contended race with the winners taking out great prizes from Roi Bar.

The party kept pumping well into the night... well until closing time anyway. Thanks to all who came – you made the night an awesome start to the semester. Thanks to all the Education club guys who continue to put in the hard yards – your work is appreciated. Keep your eyes out for other education club events to come... The Chalkies sure know how to throw a good party!

Sean Walker
Education Club Principal (...or President)

Q: What do you call a
pessimistic CanOpener???

!!!CarnOpener A :A

Thanks Chris!

TV Quote:

(From the Prime Weather Girl for
the midday news)

*"lets take a look at the weather for
today, as you can see there isn't
much to see today..."*

(Dew to the heavy covering of cloud
over the state that day)



CALLING FOR ORIENTATION COORDINATORS/LEADERS FOR 2008

Coordinators

A number of Orientation Coordinator positions are available at the Albury/Thurgoona, Bathurst, Dubbo, Orange and Wagga Wagga campuses. Each year the services of suitably experienced students are needed to assist the development and implementation of orientation events and activities. The work is varied and challenging, and requires the successful applicants to be available over periods leading up to, and almost full time during Orientation 2008.

Leaders

There are also a number of Orientation Leaders positions available to interested students. These positions will assist and support the coordinators by undertaking various tasks and activities to bring about a successful Orientation week. They will work as part of a team and provide essential information and guidance to new students during the Orientation programme 2008.

Application forms for the above positions are available in a variety of formats

Online – Student Life website

<http://www.csu.edu.au/student/life/programs.htm>

Fill out the form electronically and email it to mvantoor@csu.edu.au

Email – email Monique at mvantoor@csu.edu.au and request an application form

Hard copy – from all Student Services and Campus receptions

Submit your application:

- Via email to mvantoor@csu.edu.au
- Or
- at the Student Services Reception (Bathurst, Wagga Wagga and Albury)

CLOSING DATE (for all positions): 5 PM, FRIDAY, 7th SEPTEMBER 2007

Horror Scope...

“Take the helm and chart a new course when it comes to love! It's true that there are a lot of fish in the sea, but you may need to find some fresh waters and even different bait.”

This reading by Emma.

DIARY DATES

Every **MONDAY** night at **BILLSON PARK** (opposite the big netball courts) the **DETOUR CLUB** has **ULTIMATE FRISBEE** from **18:00 to 20:00**
ALL WELCOME.

It's a great fun evening and for having a chat, having a run and **HAVING HEAPS OF FUN.**

If you have a notice that you want put into the **Velocity Diary Dates** just email it to the editor @

CSUVelocityMagazine@gmail.com

Wednesday 22 August
Physio Pub Crawl
Starting @ the Sloshed Cod.

EVERY TUESDAY
Hip Hop Dancing Classes
5:00 – 6:30pm
@ the Sloshed Cod

WEDNESDAY 5TH
SEPTEMBER

Cowboys & Cowgirls
7:30pm @ the Sloshed Cod

WEDNESDAY 22nd and 29th

- **Mixed Netball Semi Finals** - 5pm & 6pm @ David Street Netball Courts
- **Mixed Netball Preliminary Finals** - 5pm @ David Street Netball Courts

29th August, Wednesday

Thirsty Merc Concert –
Wagga CSU
Bus departs Albury 6:15pm

See posters for information!

HAVE YOU EVER WANTED TO BE A REPORTER, LIKE CHLOE SULLIVAN? OR VERONICA MARS? (just minus the weird stuff) BUT YOU JUST DIDN'T HAVE THE PLACE TO PUBLISH YOUR JOURNALISTIC ASPERATIONS??

WELL NOW YOU DO! JUST EMAIL YOUR STORIES, JOKES, COMIC STRIPS, REPORTS, SOCIAL COLLARGES, ANNOUNCEMENTS ETC TO CSUVelocityMagazine@gmail.com WE'RE LOOKING FOR A VIARITY IN OUR MATERIAL, AND YOU ARE THE PERSON WE WANT TO WRITE IT.



CALENDAR

IF YOU WANT YOUR FUNCTION PUT INTO THE CALENDER, EMAIL IT TO
CSUVELOCITYMAGAZINE@GMAIL.COM

(Updated 18 August 2007 - please note that some dates are subject to change)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AUG	20. • DETOUR Ultimate Frisbee @ Billson Park 6-8pm	21. • Hip Hop Dance Classes 5-6:30pm @ the Cod	22. • Education Club meeting @ the gums café 3:15 pm • UBS Meeting @ Norwik 3, 3:30 pm • Physio Club Pub Crawl @ the Cod	23.	24.	25.	26.
AUG	27. • Ultimate Frisbee @ Billson Park 6-8pm	28. • Hip Hop Dance Classes 5-6:30pm @ the Cod	29. • UBS Meeting @ the Cod 3:30pm • OT meeting @ the Star 3pm • Enviro Network meeting 6:30 pm @ the Cod • Parks and Eco meeting 7:30 @ the Cod • THIRSTY MERC @ WAGGA CSU Campus	30.	31.	1.	2.
SEP	3. • Ultimate Frisbee @ Billson Park 6-8pm	4. • Hip Hop Dance Classes 5-6:30pm @ the Cod	5. • Education Club meeting @ the gums café 3:15 pm • UBS meeting @ Norwik 3, 3:30pm • CowBoys and Cow Girls 7:30 @ the Cod	6.	7.	8.	9.
SEP	10. • Ultimate Frisbee @ Billson Park	11.	12.	13.	14.	15.	16.
SEP	17. • Ultimate Frisbee @ Billson Park 6-8pm	18.	19.	20.	21.	22.	23.
SEP	24. • Ultimate Frisbee @ Billson Park 6-8pm	25.	26.	27.	28.	29.	30.
OCT	1. • Ultimate Frisbee @ Billson Park 6-8pm	2. • Semester Starts Back	3. • Enviro Network meeting 6:30 pm @ the Cod • Parks and Eco meeting 7:30 @ the Cod	4.	5.	6.	7.
OCT	8. • Ultimate Frisbee @ Billson Park 6-8pm	9.	10. • Education Club meeting @ the gums café 3:15 pm • MARHS world health day.	11.	12.	13.	14.
OCT	15. • Ultimate Frisbee @ Billson Park 6-8pm	16.	17. • Enviro Network meeting 6:30 pm @ the Cod • Parks and Eco meeting 7:30 @ the Cod	18.	19.	20.	21.