

MCC Bytes

Edition 5

4th August 2014



Podiatry Mixer Night!

To be held at the Kinross on the 13th August from 7.30pm. Buy a ticket for \$15 each which entitles you to cheap drinks and nibbles.

Dress in your finest 'Flanno' or bogan gear! There will be a prize for best dressed!



Winter

Winter Wonderland

Winter wonderland was held on Thursday last week with a quaint turnout of fellow students in their best winter attire! The snow was at its prime floating down covering the eating area of the G to the sound of Northern Folk Band playing some classics!

In other news, 132 runner/joggers/walkers have signed up for the Melbourne Marathon for Miles for McQuillan in October. We are still looking of a few sponsors to be plastered across our team shirts so if you can help out contact the club at csuphysiotherapyclubalbury@gmail.com. Also if you are keen to retrieve your summer body in the next 12 weeks you can still sign up for the team through the Melbourne Marathon page.

BACK 2 SCHOOL

Back 2 School was held on the first Thursday of the Session (17th of July). Jackie Onassis was a big hit and the event had an excellent turn out, with everyone thoroughly enjoying the night.



Sexual health month

News Flash!

Sexual Health is about much more than body parts and infections.

- It affects our minds and bodies
- Families and community
- Even our spirits.

Sexual Health touches on everything:

- Talking about safer sex
- Quality of our relationships
- Giving and getting respect from partner
- Recognizing we have a right to the sheer joy of pleasure
- Young/Old, gay/straight, male/female/transgender

WE ARE ALL HUMAN! WE ARE ALL SEXUAL!

Students of Sustainability

Early in July 7 CSU students attended the annual Students of Sustainability conference, this year was special as it was the first time the conference revisited its birthplace, Canberra, since the conference began 23 years ago. This conference brings together speakers, educators and artists from all over the globe to share their knowledge and experiences relating to sustainable futures, the environment, political justice, and everything in between. Next year the conference will be held at Flinders University in Adelaide in early July, hope to see you all there!



This year was my second year attending SOS, again it was one of the best experiences of my life. Unlike last year, where I was timid and overwhelmed by the knowledge and passion of the attendees, this year I was able to immerse myself in lively discussions and debates, it really showed how much I have learnt in the past year. This conference provides a wealth of opportunities for anyone willing to attend, through broadening knowledge, inspiring passions, and the people met. I have come away this year knowing more about myself and where I want to go in life, as well as making more lifelong friends.

Claire Garner

During the half yearly uni break I attended the Students of Sustainability (SOS) conference in Canberra. It was a really eye-opening and exciting experience which I would recommend to anyone with any interest in people, the environment, activist movements, arts and crafts or music. The atmosphere was amazing and there was never a dull moment with heaps of interesting workshops, music, great food and great people.

Anna Eggleton



I attended SOS (Student's of Sustainability) this year as a part of a CSU group to Canberra. The event was a fantastic learning experience for everything relating to the planet and humanities future. It is always a pleasure to be a part of such a close community of passionate friends. The event just keeps getting better every time I go. I'd definitely encourage anyone looking for a great experience and wanting to make new friends over the holidays to attend.

Lewis Tinley

Students of Sustainability

Once again, SOS met my exceedingly high expectations. When you collect, passionate, like-minded, kind and dedicated people, and give them the opportunities to develop their knowledge and challenge their assumption, you have an event that is certain to change you for the better. SOS is a wonderful experience and I would recommend it to anyone.

Nina Campbell

Students of Sustainability 2014 was an exciting and informative experience. It was wonderful to make so many great friends and interact with people who have a common interest in the environment. From camping at the Aboriginal Tent Embassy to preparing food for the SOS attendees, there was never a dull moment. I gained an incredible amount from the conference and am already looking forward to next year!

Samantha Lloyd

Amazing insights, inspiring speakers, engaged community and scrumptious food; too difficult to encompass the experience of Students of Sustainability in such a brief passage. Have you ever had to choose between 5 sessions of equal importance at the same time slot three times a day for five days? That was my experience. From marching for sovereignty, to workshops on divestment and tackling the boatpeople challenge to singing along to a ukulele by a warm fire; there's no better conference to invigorate any doubts that Australia's youth and students have the power to sway our nation or even the globe into a sustainable future.

Patrick McGraw

Students of Sustainability was a challenging and inspiring week for me. I was able to meet and connect with people from around Australia who were passionate about a range of social and environmental issues. The program was packed and I was impressed by the range of workshops. This conference really opened my eyes. A week later and I'm still discussing things I learnt at S.O.S with other people. I'm really looking forward to going again next year!

Meg Turner



Uni Bible

Mid Year Conference Report

What is my life about? Where is it headed? Will it really come to an end? So what?

In July, students from the CSU Albury and LaTrobe Wodonga Uni Bible Study journeyed to the annual Mid Year Conference for an action packed week of getting stuck into the doctrine of eschatology - the end of the world. We were joined by students from CSU Wagga Wagga, Bathurst and Orange as we spent the week digging into what the Bible has to say about a topic that is significant for any person – how will my life end and what happens next?

Students saw how God has planned the end from before the very beginning and that he is both perfectly fair and incredibly kind. We were given an introduction to the often misunderstood book of Revelation (spoiler: it's about Jesus), and thought through how all of these things will affect how we live now. There were more than a few headaches to be had, but we left Canberra feeling both encouraged and challenged to live with Jesus as King.

In addition to the Bible studies there was music, time to explore Canberra, great food and the critically acclaimed MYC's Got Talent concert night. The Uni Bible Study committee wishes to thank the Murray Campus Council for their generous support, and the Student Support Officers for their assistance.

Uni Bible Study meets twice a week at CSU:

- Tuesday evenings at 5:30pm, near the Co-op bookshop for dinner.
- Wednesdays at 3:00pm at building 751, room 111.

Any and all are welcome to attend.

Recordings of the talks from the Mid Year Conference can be found at <http://cfwagga.org.au/bible-talks/myc-2012-talks/> (yep, it says 2012, you're going to have to trust us on this).



Eastern Uni Games

CSU Basketball team

It was such an incredible week at the Eastern University Games in Newcastle, we made a lot of new friends not just from CSU but a lot of other Universities. It's always such a great week to go away with a group of girls, you may not necessarily know all that well and come home with some really good friends! Definitely recommend it 😊

Kelsea Pygram



CSU2 Women's Touch

The CSU 2 women's touch team had a lot of fun at EUGs this year. The games involved competitive, as well as social aspects, which are prioritised differently by each team.

We were competitive during the round games, finishing second in our pool. A lack of subs and extreme commitment to the social agenda during the competition left us a tad weary, so we finished 7th overall.

Our team has come away with many memories and new friendships, and we are already planning how to make next year's games as fun and exciting as this years'.

Melissa Edwards



CSU Albury-Wodonga Semester 2 Social Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
4	4 (Aug) 	5 	6 Touch Footy 	7	8 Census Date!! Finalise your enrolment	9/10  
	11 Sexual Health Awareness Week	12 	13 Touch Footy Pod Club Mixer Night 	14 	15	16/17
6	18	19 	20 Touch Footy 	21 	22	23/24  Fed Hill Challenge Wodonga AUS Snow Sports Begin
	22nd Aug – 8th Sept	<h2>Holidays!</h2>				
7	8 (Sept)	9 	10 Touch Footy 	11 R U OK? Day 	12	13/14  
	15	16 	17 Touch Footy 	18 	19	20/21 

Session 2

Murray
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