
is again taking off,
and we would like as many different Sporting Articles and features as possible from all you out there, so that we can really get this newspaper moving.

Would all interested contributors please contact me - AMANDA BROMFIELD - through my pigeon hole in the Student Amenities Office.

Editor in Chief, "TAKE ONE".

FOUND - at Bill G1ass Crusade, Tuesday or Wednesday night One Hessian Bag - "Just Jeans" - containing lunch box, yellow sloppy foe, hair brushes etc. Owner may contact Alexis Moffitt via pigeon holes.

## CHRISTIAN FELLOWSHIP

Wed. night 7.30 p.m. Coffee Shoppe South Campus. Transport leaves Main Campus 7.00 p.m. This week Robert Matthews is speaking.

ALL WELCOME

COFFEE SHOPPE - Open Saturday night 7.45 p.m.
Where: South Campus iust opposite A, B \& C Blocks. Come along and relax or if you want to have a rave, then do that too.

## RADIO MEETING

* As you know, there is a radio programme - the Album Show on 2WG, Tuesday nights $8-11 \mathrm{p} . \mathrm{m}$. It is customary for students to go on the programme for 1 hour to talk about what's happening at College and to play their own sort of music. If you want to participate come to a meeting 12 NOON room THIS THURS. - don't miss it.


## SNOOKER KNOCKOUT COMPETITION

ALL PLAYERS WHO HAVE ENTERED IN THIS COMPETITION: We would like to thank you for your patronage and support.

Now that we have enough names, the Knockout Comp. will start on Monday, 24th April, 1978.
(ROUND ONE) will go until 5th May. After this date, students who haven't played their game will automatically forfeit their game.

If there are problems in finding your opponent then you should contact them through their pigeon hole.

There has been enough time allowed for this, so there is no reason why anyone should miss out.

> Thank you,
> Allan McDonald, Club President.

NEW RACE EDITOR is David Lewis. The S.R.C. will pay 4 assistants $\$ 8$ per issue to help with layout, editing and advertising. Please contact David Lewis or the S.A.O. if you are interested in ioining the RACE team.

RACE will be published on Mon. 1st May.
RACE Cffice on South Campus will be open at the following times:-
MON. 1 - 3 p.m.
TUES. 7-10 p.m.
WED. 7-10 p.m.
THURS. 2.30-11 p.m.
FRD. 9 - 5 p.m.
DAVID SCOTT, S.R.C. Secretary.

NEXT S.R.C. MEETING - Thursday, 27 th April at $12.15 \mathrm{p} . \mathrm{m}$.
in Union Meeting Room.

> D. SCOTT.

ALTERNATIVE TEACHING RESOURCES CONFERENCE Sat. 29th Apri1
Sat. 6th May.

## Proposed Programme

29th April

| 10.00 | INTRODUCTION |
| ---: | :--- |
| 10.15 | MEDIA \& ADVERTISING <br> video and a film) |
| 12.15 | BREAK |
| 1.00 | WORK - Featuring unemployment; Health \& Work Organisation. |
| 5.30 | CLOSE |

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Programme 6th May
10.00 SEXISM (Films; kits; discussions; displays)
11.30 BREAK
12.00 URANIUM (Featuring the Secondary Students Against
                                Uranium working with the Teachers' Uranium Forum)
    1.30 BREAK
    2.00 MULTI-CULTURAL EDUCATION - Panel discussion.
    3.30 RACISM (Apartheid) - Presented by SALC
        BREAK
4.00 CONTINUATION OF ALL WORKSHOPS
6.00 CLOSE
COST: $5.00 - FOR BOTH SESSIONS
$2.00 - UNEMPLOYED AND STUDENTS
$2.50 - HALF DAY OR ONE DAY SESSIONS
CHILD CARE AVAILABLE
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## REGISTRATION

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NAME:
ADDRESS:
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( ) I would like to register ....... people for the Conference on April 29th (and/or) May 6th.
( ) I am unable to attend the Conference, but please accept my donation of $\$$
RETURN ALL REGISTRATIONS TO P.O. Box 197, GLEBE. N.S.W. 2037

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\section*{PHOTOS}

Photos of Roman Orgy Ball are still on display in the Student Amenities Office - last chance to buy colour photos for \(\$ 1.00\)

AG. GRAD. BALL - Also on display in S.A.O. - \(\$ 1.50\) per photo.

COUNSELLING SKILLS WORKSHOP Mon. 15th May - Sat., 20th May.
Many individuals now working in the helping professions find that they do not have appropriate skills from their early training to meet the needs of the people who come to them for help. As the role of people such as mental health nurses, community nurses, drug addiction counsellors, parole and probation officers and welfare and personnel officers expands and changes, increasing skill is required in clarifying the basis of counselling skills.
(MORE INFO, \& ENQUIRIES, AMENITIES OFFICE)

In the last five years a number of programmes have been built by people such as Carkhuff and Kagan, who have treated the elements of human communication such as empathy, genuineness, confrontation, as skills which can be trained in the same fashion as other aspects of personality which are more normally thought of as skills. In order to do this a series of training sessions are required to teach the very fine discriminations which differentiate between the effective and ineffective counsellor. As part of this process participants will be shown films and video segments which provide the basis for making these perceptual differentiations and will be invited to participate in discussions and counselling in which they and others evaluate their own responses. Because communication is a complex set of skills we will work up from elements such as those mentioned above to some of the more complicated interactions which go on in normal counselling.

This Workshop is not the same as a personal growth group. We expect and have found from past experience that participants, in learning these skills with each other, become used to working on their own personal growth and increasing their own awareness of themselves in relation to others, though the emphasis is on attaining a set of skills. Self revelation and emotional involvement, although they occur from time to time, are not expected to be either as intensive or as great as they would be in an encounter group. Experience of this type of learning has shown that human communication skills training may well be used by people as a preliminary to human relations group training.

\section*{MOTORCYCLE CLUB}

The Motorcycle Club will be having a one day run. All interested Students are welcome to come.

DATE: Sunday 30th April, 1978.
TIME: Meet at Carpark behind Union no later than 8 a.m.
It is a one day run, we'll be home before dark.
DESTINATION: Round trip to Yarrongabilly Caves. Approx. 220 miles all together (about 60 miles past Tumut we'll find the caves)


ACTIVITIES: Aside from the run itself we will also have -
* A B.B.Q. (B.Y.O.G. - Cars will be coming)
* Thermal Pool (bring your togs)
* Tour of caves (every 1hr. at 50¢)

\section*{ALL CAPACITY BIKES IN REASONABLE CONDITION CAN DO IT.}

If you aren't sure about your machine, or want more info contact:
PAUL ROBERTS, Bus. \& Lib. Studies
TRACEY BYNG, C/- Info Exchange.

WOMENS' HOCKEY RESULTS FROM SATURDAY
R.C.A.E. (1) drew with Comets (1) - 1 all.

This team should develop into a good combination as the season continues if they continue the good hockey they've played in the last two weeks.
R.C.A.E. (2) defeated Junee (4) 4-0.

A good win with the team again developing into a good combination.
Could all girls please tell Robin Webb-wagg your umpiring qualifications this week, even if you are not willing to umpire. They are needed for our entry forms.
R.C.A.E. SOCCER

Sundry \(3 / 4 / 78\) - A great day for the reddies. From four games of soccer we had 3 wins and a draw. The results were:-

Men - First Grade - R.C.A.E. 3 bt. Burns Park Rengers 0. 9nd Grade 5 bt. Junce 0 .

Women - Red - R.C.A.E Red 4 bt. Junee 0.
White - R.C.A.E. White 1. drew with Ashmont 1.
This consolidrtes the first team's position as competion leader and also overall the club championship.

This Tuesday, \(25 / 4 / 78\), the Club is having a Car Rally to celebrate Anzac Day. Starts from Sth. Campus Gym promptly at 10.15 . m ., so bring your meat for the B.B.Q. afterwards and your dollar entry fee (goes towards prizes). Booze will be for sale at lunch.

Own Hotel
\begin{tabular}{|c|c|}
\hline Uncle Tobys 0ats - 1Kg. & 72 ¢ \\
\hline Weet Bix - 375g. & 38 \\
\hline " " - 750g. & 67 d \\
\hline " " - 1Kg. & 95 \\
\hline Weeties - 250 g . & 35 d \\
\hline Rice Bubibles - 375 g . & 60 ¢ \\
\hline Special K. - 200g. & 41 ¢ \\
\hline Special K - 300g. & 59 \\
\hline All Bran - 375 g . & 43 ¢ \\
\hline Rice Bubbles 250 g . & 41 ¢ \\
\hline Vita Brits 750 g . & 67 ¢ \\
\hline " " 375g. & 39 ¢ \\
\hline Uncle Tobys Muesli 1 Kg . & 1.40 \\
\hline " " 500g. & 78 ¢ \\
\hline
\end{tabular}

Hunza whole plum \& Honey Syrup - slashed from \(\$ 1.15\) to \(50 \notin\).
Hunza siliced Peach)
"
Hunza Nectrin Halves \(\$ 1.15\) to \(50 \notin\).
Hunza sliced apples \(\$ 1.15\) to 50ф.
" Apricot halves " to 50\&.
Brown Sugar 500g. (Bit Hard) 10¢ pkt.
Just for Shawn \(10 \%\) off all cartons of fags.

\section*{RULIES NEWS}

Well Sat. saw the first crack the first of many wins for the season, and the seconds put up a great fight against the top side to narrowly go down, and the boys looked set coming into the last quarter with a quick goal to them, only 3 points down but I think the ball took it's toll as we faded towards the end of the quarter to go down 6.7.95 to 7.13.55. The Pewter was won by Steven Knox (Colin Anderson - I suggest you see Steve as I think he has great potential as an actor).

Well the firsts brought off a big win to the great pleasure of all the Graduates. The win was made to look easy in the last quarter as our fitness and handball took us to a great win 14.16.100 to 9.10 .64 - let us keep it up boys as I think now both sides are beginning to click with good team play by both sides.

The Pewter winner for the firsts was Neale Bruce (Brucy next week let somebody else win it please !).

This week - Tuesday (Anzac Day) - 2 up and keg - 2 p.m. at Sth. Campus Gym. Wednesday Meeting 8 p.m. Tolland Meeting Room. Saturday - Hopefully a double win at Junee.

On Saturday night the 400 club was drawn with the winners being:-
\begin{tabular}{llr} 
1st & Mrs. Vogan & \(\$ 100\) \\
2nd & Heather Bishop & \(\$ 50\) \\
3rd & Mrs. Bishop & \(\$ 20\) \\
4th & John Mossop & \(\$ 10\) \\
5th & Sue Hare & \(\$ 5\) \\
6th & A. Lyon & \(\$ 5\) \\
7th & D. Potts & \(\$ 5\) \\
8th & Col Bundy & \(\$ 5\)
\end{tabular}

\section*{Quote of the Week:}

2nd
3rd
4th
5th
7 th
8th

Ocky: One good thing about
Winter is Football.
Bisho: Yeh, and you don't get sun burnt either.
- Oh! yeh Bisho.

Prize winners will be contacted.

BASKETBALL DRAW NO. 12 (?3rd - 26th)

\section*{MEN'S}

M1: Monday, Bolton Park (1), 7.00: RCAE-v- W. Motors
M2: Bye
M3: Monday, Bolton Park 2, 7.50: RCAE -v- Hawks.
M4: Tuesday, Main Hall, 9.30: RCAE-v- Northeners.

\section*{WOMEN 'S}

W1: Sunday, Bolton Park 1, 9.00: RCAE-v- Vikings.
W2: Sunday, Bolton Park 2, 6.00: RCAE-v-R. Insurance.
W3: Wednesday, Bolton Park 2, 8.40: RCAE-v- P. Makers.
W4: 2 games this week.
Tuesday: Supper Room, 9.30: RCAE -v- W. Motors.
Wed. : Supper, 9.30: RCAE-v- Caravees.
W5: Sunday, Main Ha11, 7.40: RCAE-v- Diggers.
W6: Supper Room, 7.40: RCAE-v- Aquatics.
W7: Monday: Supper Room, 8.40: RCAE-v- T. Wolves.
W8: Tuesday: Main Hall, 7.00: RCAE-v- T. Wolves.

RECIPE OF THE WEEK
HOBBIT MUSHROOM PUDDING
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3 tbsp. Margarine
cup onions, finely chopped
\frac{1}{2}}\mathrm{ cup celery, " "
5 cups mushrooms
2 tbsp. 1emon Juice
1 cup toasted wholewheat
bread cubes bread cubes

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\(\frac{1}{2}\) cup cooked brown rice
\(\frac{1}{4}\) cup grated cheese
2 cups milk
4 eggs, beaten
1 tsp. salt
\(\frac{1}{4}\) tsp. thyme
* Melt margarine, saute onions, celery \& mushrooms for 5 mins. Stir in lemon iuice \& mix well. Cool.
* Combine bread cubes, rice \& cheese; stir into vegetable mixture. Spoon into greased baking dish.
* Beat together milk, eggs, salt and thyme ; \& pour over veg. mixture. Place baking dish in a pan of hot water in a 325 degree oven, \& bake pudding, uncovered for 45 mins.
* Optional - Also delicious with additional \(\frac{1}{2}\) cup of cooked chicken.

COMPLIMENTS OF THE ENVIRONMENT CLUB


Inaugural meeting, Thursday - 1 p.m. - Union Bar. T-Shirts and car stickers will be available for purchase. All interested persons, close friends, and various people are invited to attend.

\section*{SPORTS}

Yes - that's right, this top Melbourne Band are coming to play in the Sth. Campus Dining Hall on Wednesday 3rd May - \$1.00. Grog available. This is the last rage before the holidays and looks like being a spectacular event - DON'T MISS OUT.
\begin{tabular}{cccc}
\hline TENNIS TENNIS TENNIS & TENNIS
\end{tabular}

The R.C.A.E. Tennis Club is having a KEG \& B.B.Q. at the mrin campus courst on Sunday April 30th. Everyone is welcome (player or not). Anyone wishing to play social or competitive tennis at/for the College this year should attend !!!
B.B.Q. strrts at \(1^{\text {? }}\) noon.

BRING YOUR RAQUETS AND HAVE A BASH. (Some raquets will be pvailable for loan).

ROGER McINERNEY, Pres.

TENNIS MEETING - Thursday, 27 th Apri1 - ALL WELCOME

THE U.B.M. IS VERY DISTRESSED about the rapidly rising level of damage being done to the Union and it's furniture, and the untidy way the Union is being left by students.

FINES WILL BE IMPOSED on anyone found damaging or removing Union property, and the fines will be fairly large, as a deterrent to this type of behaviour. So please look after your Union.

Peter \(0^{\prime}\) Connor, Pres.

\section*{TABLE TENNIS RESULTS FROM LAST WEEK}

A Grade - RCAE Tops won 6/5 (Eugene Ong 3 wins, Alan Lam 2 wins).
B Grade - RCAE Green won \(7 / 4\) (Mike Lynch \& Jenny Pollard ? wins,
David Cornelius 1 win).
- RCAE Red lost 4/7 (David Jones ? wins, Martin WestcottLewis and Chris Ash 1 win).
B Res. Grade - RCAE Orange lost \(9 / 9\) (Randall Falkiner 1 win).
- RCAE White lost 5/6 (Alison Richardson \& Paula Thiele ? wins).
- RCAE Purple lost \(4 / 7\) (Mick Gittoes 3 wins, Dave Hotchkiss 1 win).
- RCAE Black lost \(1 / 10\) (J anice Knuckey 1 win).


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Where are our priorities?
In 1970 the United Nations General Assembly recommended that the goal of each developed country should be to contribute a minimum net amount of \(0.7 \%\) of it's GNP for international aid. Australian ranks 4th highest inn the world with it's contribution of \(0.66 \%\). However, last year we spent more on pet food then overseas aid.

\section*{Energy}

The rate of consumption of energy is currently doubling every 11 years. Yet there is not the energy available (even using all the nuclear power plants that are planned to be built. ) The Bass Strait locks like ruming out of oil sooner than the geologists thought. Already the rate of oil extraction from the deposits has suopped increasing. This was not expectoed to happen until 198\%. Fush bikes are better than buses. Buses are better than cars - small cars are better than big cirs..........
D.D.T.

The eggshells of native Australian birais in Western NoS.W. and Mt. Lofty in Sth. Australia were observed to be very thin and broke easily. The cause w"s found to be the concentration of D.D.T. in the eggs.

After whole populations of peregrine falcons became extinct in regions of the United States, D.D.T. sprays on crops were made illegal. In Australia D.D.T. can still be legally used.

\section*{Are we going the wrong way?}
"If we are to continue to inhabit the Earth there will have to be a revolution in the relationship of man to the earth and man to man. A society committed to growth for growth's sake and production for production's sake not only pits man against the natural world but also man against man because of the inherently competitive nature of the enterprise".
Prof. Charles Birch.

THE ENVIRONMENT CLUB will be meeting on Thursday 27 th at 12.00 in the Information Exchange in the Union. A video about population, Ecology and Resources (starring Paul Ehrlich) will be screened/ Everyone is welcome.

\footnotetext{
ATHLETICS CLUB - There will again be a social jog around the cross country course on Thurs. 27th of April, starting at 12.00 noon from the Gym. Just emphasising this is a social run, not a competitive run - so now some spirit and have a go.
}

The S.R.C. is looking into the possibility of having bus services provided for lectures beginning 8.00 a.m. Mon. - Frid. and lectures ending 9.00 or 9.30 p.m. Mon. - Thurs., as no bus services at present are operating for these times.

We need to know how many people would use these services as the Administration will not put them on if we cannot give them reason to believe that it will be warranted.

As students, many people do not have their own transport and so must rely on the College bus service. The S.R.C. has received compliints of the services being inadequate, so to improve these for the students we need your help.

Any people who would use the buses for the above mentioned times, could you fill out the form below and leave at the Student Amenities Office. Any suggestions would be welcome, and I am prepared to discuss these.

Gary Tilley, S.R.C. VICE-PRES.

I am interested in using the bus service at the following times:-
\begin{tabular}{llccc} 
Mon. & \(7.30 \mathrm{a} . \mathrm{m}\). & \(7.00 \mathrm{p} . \mathrm{m}\). & \(9.00 \mathrm{p} \cdot \mathrm{m}\). & \(9.30 \mathrm{p} . \mathrm{m}\). \\
Tues. & \(7.30 \mathrm{a} . \mathrm{m}\). & \("\) & \("\) & \("\) \\
Wed. & 7.30 & \("\) & \("\) & \("\) \\
Thurs. & 7.30 & \("\) & \("\) & \("\) \\
Fri. & 7.30 & \("\) & \("\) & \("\)
\end{tabular}

Please tick the appropriate time and leave at the S.A.O./Information Exchange in the Union.

ALL LIBRARY SCIENCE STUDENTS - There will be a SLAG meeting this Thursday, 12 noon, in the Library Hut.
Refreshments will be available.
P. Dominick,
for SLAG FACULTY CLUB.

THE UNION HAS PURCHASED A NEW LAWN MOWER WHICH IS AVAILABLE FOR STUDENT USE. AT THE TIME OF PICK UP THERE WILL BE A \(\$ 5.00\) CHARGE AND \(\$ 4.00\) REFUND IF THE MOWER IS RETURNED IN GOOD CONDITION. THIS MEANS THE USE OF THE MOWER IS ONLY \(\$ 1.00\).

PETER O'CONNER, Pres. U.B.M.

Thursday night this week there will be short periods throughout the night of \(\frac{1}{2}\) price grog. This is to give the students some visible return for their funds, so could as many as possible be present.
\[
\text { P . } 0^{\prime} \text { CONNOR, Pres. }
\]

PLEASE NOTE BELOW - Sunday is available - make use of it. Following complaints, received by the S.R.C., we have negotiated with Administration to increase the C.R.CF. hours. The C.R.C. is now open at the following times:
\begin{tabular}{lll} 
Mon. - Thurs. & \(9.30 \mathrm{a.m}\). & \(-8.00 \mathrm{p.m}\). Sun. \(2.00-5.00 \mathrm{p.m}\). \\
Friday & \(9.30 \mathrm{a.m}\). & \(-5.00 \mathrm{p.m}\).
\end{tabular}

Friday \(\quad 9.30\) a.m.
-5.00 p.m.

Tuesday, 2nd May, 1978 - Can a Christian be an artist? Forum on Christianity and Modern Art. Art Block Lecture Theatre.

ALL WELCOME
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T.T.A. AMENDMENT
Mike Davis N.S.W. Teachers' Feder?tion Organizer is not coming
on 20th April but 25th May. He will be available to discuss with
Trainee Teachers what is being done to raise the prospects for
their employment as Teachers when finishing their training.
Also to answer any other queries about N.S.W. Teachers' Federation.
If anyone wants further information contact Ross Hal1.

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to The 2 PEOPLE WHO WERE SNEAKING AROUND IN A BLOCK CARPARK IN A HOLDEN STATIONWAGON AT 3.10 a.m., \(23 / 4 / 78\). DIDN'T YOU KNOW that the fence issue was about the metal mesh fence, not the WOODEN BARRIERS.

YOU ONLY CAUSE EXTRA WORK FOR OTHERS TRYING TO REPLACE THE BARRIERS YOU SO THOUGHTFULLY REMOVED.
you are not a hero mate, you are a vandal - the type of person THIS COLLEGE IS TRYING TO KEEP OUT.

STUDENT

TABLE TENNIS CLUB
The Annual Meeting of the Table Tennis Club will be held in the table tennis room on Tuesday 2nd May at 12 noon. Business -
(a) Annual Report and Statement of Accounts
(b) Election of Officers
(c) Programme for the year.

All players and intending players are urged to attend.
D. Stewart, SECRETARY.

\section*{ROOM TO RENT (Male preferred)}
* Farmhouse (Riverside: 115 0ld Narrandera Rd.)
* Close to College - however small room - but 'No Cost' electricity and all the milk you can drink.
* A warm home for anyone in need.
\$18.00 food and rent.
COME ON DOWN OR CONTACT CATHY DARNELL OR NEALE SPENCER (via pigeon holes)

\section*{FOR SALE}

ONE PENTAX, 200ML, PHOTO-LENS (SCREW ON) - \$90.00
Contact NEIL SPENCER via pigeon holes.```

